

We are dedicated to:

- Nurse visits for non-emergency wellness visit and pill pours;
- Coordination of care;
- Hospital discharge support;
- Transportation to medical appointments within a 60 mile radius;
- Transportation to the grocery store or grocery delivery;
- Home safety assessment;
- Information on local resources;
- Foster independence and quality of life.

One call does it all!

48 hour advance notice appreciated!



Mount Desert
Nursing Association



At Home is a non-profit, member-based, volunteer supported program designed to provide elder residents with essential services, empowering them to continue to live safely in their homes as they age.

At Home is a non-profit medical model program with a sliding scale. We determine the fee based on yearly income.

BANGOR AREA VISITING NURSES
HANCOCK COUNTY HOMECARE & HOSPICE
HOSPICE OF AROOSTOOK
HOSPICE OF EASTERN MAINE
LIFESTAGES FOR CUSTOMIZED CARE
VISITING NURSES OF AROOSTOOK

are part of
VNA HOME HEALTH HOSPICE
EMHS MEMBER
Delivering the same local care by the same local people with the support of a larger agency.



at Home

Support for Aging in Place

A local program serving
Blue Hill Peninsula
Mount Desert Island
Main office
374-5852



Support your healthy aging plan by *Volunteering!*

Volunteering has many rewards:

- Mental and physical health benefits;
- Lower rates of depression;
- Reduces stress;
- Reduces isolation;
- Higher levels of well-being;
- Provides satisfaction;
- Active in your community;
- Share your talents;
- Pay it forward.



Several ways to *Volunteer*



Provide:

- Transportation to medical appointments;
- Transportation to the grocery store or grocery delivery;
- Home safety assessments;
- Friendly phone call check-ins;
- Social visits;
- Support after hospitalization;
- Help with errands;
- Peace of mind;
- Respect and dignity to our members;
- Respect to individual differences.



Membership Information

We **guarantee** essential services for community members to remain

AT HOME

Let At Home support your healthy aging plan!

At Home is a program of

